



The Mind Clarity Studio
For Stronger Mind, Think Lavina

Foundation of Counselling

Transform conversations
into positive change.

Master the core principles of communication, human behavior, and active listening in this comprehensive 1-Month hybrid certification program.

Our Mission

We are dedicated to equipping aspiring helping professionals with practical, real-world skills. Our goal is to provide the fundamental training needed to understand human behavior and guide others with confidence and empathy.

Empower, Listen, Guide

Whether you are a student, teacher, HR professional, or coach, this course helps you build a strong foundation in non-clinical counseling, turning your passion for helping people into structured, impactful conversations



Contact Us



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E - 1206, PNTC,
Vejalpur, Ahmedabad



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themindclaritystudio.com

What You Will Learn

- **Core Counseling Skills**

Master active listening, empathy, building rapport, and understanding the core fundamentals of human behavior.

- **Practical Focus Areas**

Learn to navigate common real-life challenges like academic concerns, relationship issues, stress, and career confusion.

- **Professional Practice**

Understand the ethical principles, documentation, case handling, and boundaries essential for non-clinical settings.

- **Interactive Learning**

Engage in live practice sessions, peer counseling simulations, and detailed assignments with real-time feedback.

4 - Week Practice Internship



Gain hands-on exposure through guided case study analysis, session planning, supervised mock counseling, and reflection journals. Apply your classroom knowledge directly to real-world scenarios under expert guidance to build true clinical confidence.

Certification Steps

- **Maintain Attendance**

Attend 80% of interactive hybrid modules.

- **Complete Assignments**

Finish practical coursework to build skills.

- **Finish the Internship**

Conduct 3 supervised sessions and submit a report.

- **Final Assessment**

Present your outcomes to earn your credentials.

- **Investment**

4,999/- Per Month

START MAKING A DIFFERENCE TODAY



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Research Methodology Course Cum Internship

Build expertise in research paper writing from topic selection to publication.

Gain practical skills in academic writing, data collection, and analysis through this structured, beginner-friendly learning experience.



Our Mission

We are dedicated to equipping students, researchers, and aspiring academicians with practical, high-impact research skills. Our goal is to demystify the academic writing process and help you contribute meaningful insights to your field.

Learn, Research, Publish, Grow

Whether you are an undergraduate, postgraduate, or PhD aspirant, this program bridges the gap between theory and publication, transforming your curiosity into a polished, publication-ready research paper.



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What You Will Learn

- **Research Fundamentals**

Master research designs, identify research gaps, select impactful topics, and navigate academic literature databases.

- **Methodology & Data**

Learn quantitative and qualitative methods, design effective surveys, and practice basic data collection and analysis.

- **Writing & Formatting**

Gain a deep understanding of academic paper structure, professional formatting, and plagiarism prevention.

- **Citations & Publication**

Master citation and referencing styles while learning how to select journals and navigate the review process.

Practical Research Internship



Gain real-world exposure through hands-on assignments and actual research projects. Receive expert guidance on drafting your literature review, developing a research proposal, and preparing a publication-ready paper.

Your Path to Publication

- **Topic & Literature**

Identify research gaps with direct topic selection help.

- **Design & Framework**

Build a solid proposal and data collection tools.

- **Drafting & Analysis**

Gather data and draft your paper under mentorship.

- **Review & Finalize**

Format your manuscript and get journal guidance.

- **Investment**

4,999/- Per Month

LAUNCH YOUR RESEARCH JOURNEY TODAY!



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Business Development

From a Psychological Lens

Build expertise in sales psychology, client acquisition, and business growth.

Learn how psychology influences customer decisions, negotiations, and networking through this practical course cum internship program.

Our Mission

We are dedicated to helping professionals, entrepreneurs, and students merge business strategies with psychological principles. Our goal is to equip you with the insights needed to build trust and grow sustainably.



Understand • Build • Grow

Whether you are a startup founder, sales professional, or business student, this unique program teaches you to decode customer mindsets, refine your communication, and transform everyday interactions into long-term success.



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What You Will Learn

- **Sales & Buyer Psychology**

Master consumer buying behavior, persuasion techniques, and the psychological factors behind customer decisions.

- **Client Acquisition**

Learn practical lead generation strategies, communication techniques, and rapport-building methods to win clients.

- **Negotiation & Networking**

Gain high-level conflict resolution skills, master business negotiations, and build a strong personal brand.

- **Growth & Retention**

Apply emotional intelligence to plan sustainable business development and build long-term client retention.

Practical Business Internship



Gain real-world exposure through hands-on assignments and actual research projects. Receive expert guidance on drafting your literature review, developing a research proposal, and preparing a publication-ready paper.

Your Path to Growth

- **Behavior Analysis**

Decode customer mindsets via live case studies.

- **Client Acquisition**

Practice lead generation and pitch development.

- **Strategy Planning**

Build a business plan and practice negotiation.

- **Final Assessment**

Present growth strategies to earn credentials.

- **Investment**

4,999/- Per Month

**UNDERSTAND PEOPLE.
GROW BUSINESSES!**